## **BC Advanced Water Coach Pathway**

Congratulations on completing your BC Advanced Water Coach Award. You have some choices as a coach.



Options include:

- Stay as you are and keep *updated* by attending a Coaching Matters event, Coaching Conference, Coach Education training or assessment course or any of the other options available via the *Coach Update* page of the Scottish Canoe Association <u>http://canoescotland.org/courses-training/cpd-coaches</u> If you are member of another Home Nation please refer to their website.
- <u>Alternative Advanced Leadership Award</u> This will provide you with a remit to lead groups in the new advanced water environment.
- <u>Alternative Advanced Water Coach Award</u> Training and Assessment. If you hold the BC Advanced Leader Award in the same discipline you could complete BC Advanced Water Coach to give you the remit and skills to coach in an advanced water environment.
- <u>BC Discipline Specific Modules</u> these support the specialist disciplines and aid you in delivering sessions that specialise in:
  - 1. Racing
  - 2. Slalom
  - 3. Freestyle
- <u>BC Foundation Modules</u> these support the coach development programme for all coaches. There are no
  pre-requisites to any of the modules. Foundation Modules are 3 hours in length. These Modules support
  coaches in the following areas:
  - 1. Fitness for Paddlesports
  - 2. Coaching The Mind
  - 3. Performance Planning
  - 4. Outdoor Education
  - 5. Coaching Young Paddlers
  - 6. Fundamentals
  - 7. Paddle-ability
  - 8. Mentoring
- **<u>BC Intermediate Modules</u>** these further enhance your background knowledge as a paddlesport coach and are 6 hours in length. These modules support coaches in the following areas:
  - 1. Coaching The Mind
  - 2. Optimising Performance for Paddlesport Part 1
  - 3. Optimising Performance for Paddlesport Part 1
- <u>BC Performance Coach Award Core Training</u> leading to BC Performance Coach Award (discipline specific). This will
  greatly develop your coaching skills and knowledge. This award moves your coaching from the 6 progressive sessions into
  the medium term.
- <u>BC Moderate Water Leader Award</u> in alternative discipline. This will give you the remit to lead groups in a moderate water environment. Disciplines include:

- 1. Sea Kayak
- 2. Canoe
- 3. White Water Kayak
- 4. Surf Kayak
- <u>BC Moderate Water Coach</u> Training and Assessment in a new discipline. This will extend your remit to allow you to coach groups in the moderate water of the new discipline.