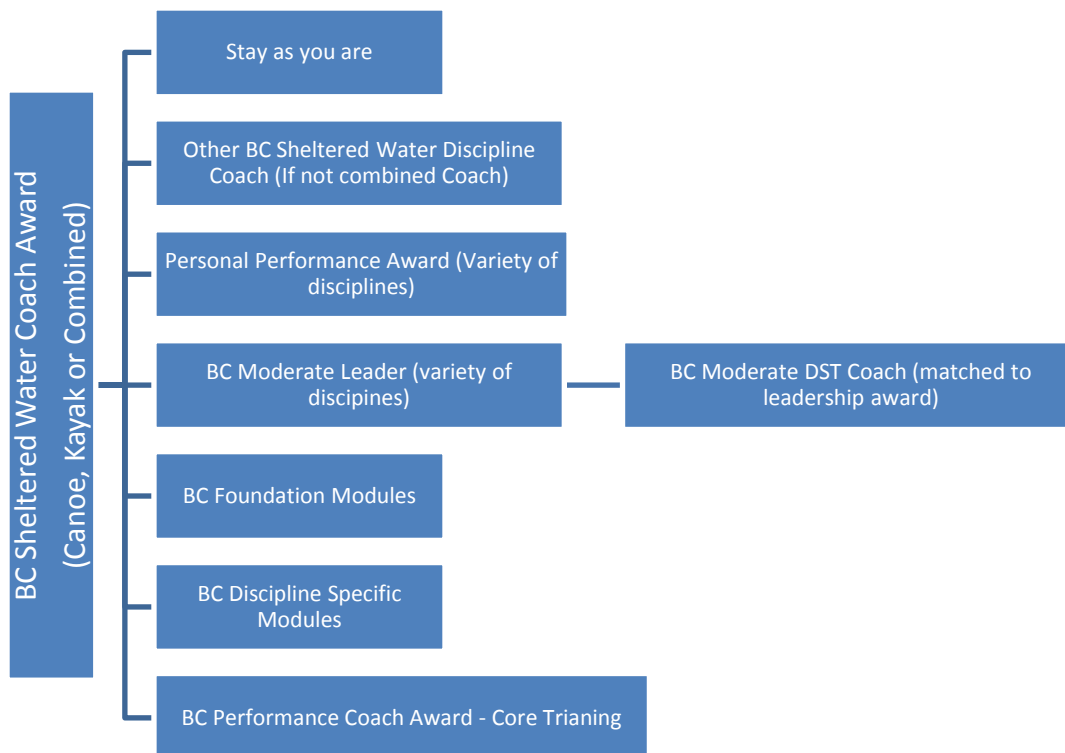


British Canoeing Sheltered Water Coach Pathway

Congratulations on completing your British Canoeing Sheltered Water (Canoe, Kayak or Combined) Coach Award.

You have some choices as a coach.



Options include:

- **Stay as you are** and keep *updated* by attending a Coaching Matters event, Coaching Conference, Coach Education training or assessment course or any of the other options available via the *Coach Update* page of the Scottish Canoe Association - <http://canoescotland.org/courses-training/cpd-coaches> If you are member of another Home Nation please refer to their website.
- **BC Moderate Leadership Award** this will give you the remit to lead groups in a moderate water environment. Disciplines include:
 1. Sea Kayak
 2. Canoe
 3. White Water Kayak
 4. Surf Kayak
- **BC Coach Award in new discipline / environment** Training and Assessment in a new discipline. This will extend your remit to allow you to coach groups in the moderate water and / or different discipline.
- **BC Personal Performance Award** in an alternative discipline. This will give you the skills to paddle the craft in up to moderate conditions. Choices include:
 1. Sea Kayak
 2. Canoe
 3. White Water Kayak
 4. Surf Kayak
 5. Touring
 6. Freestyle
 7. SUP
- **BC Foundation Modules** (alternative to previous one) these support the coach development programme for all coaches. There are no pre-requisites to any of the modules. Foundation Modules are 3 hours in length. These Modules support coaches in the following areas:
 1. Fitness for Paddlesports
 2. Coaching The Mind
 3. Performance Planning
 4. Outdoor Education
 5. Coaching Young Paddlers
 6. Fundamentals
 7. Paddle-ability

8. Mentoring
- **BC Discipline Specific Modules** these support the specialist disciplines and aid you in delivering sessions that specialise in:
 1. Racing
 2. Slalom
 3. Freestyle
 4. SUP
 - **BC Performance Coach Award – Core Training** – leading to BC Performance Coach Award (discipline specific). This will greatly develop your coaching skills and knowledge. This award moves your coaching from the 6 progressive sessions into the medium term.