

**SUMMARY OF EXPERIENCE FOR PADDLESPORT CLIENT DAYS (2021)**

**We require volunteer clients for various British Canoeing Courses.**

**BC Sheltered Water Coach** - No more than 5 days on flat water in canoe or kayak. This is a half day on Loch Morlich

**BC Paddlesport Leader** – No more than 5 days on flat water in any Paddlesport craft. This a full day out on local waterway.

**BC Sea Kayak Coach, Performance Coach & Sea Kayak Leader** - Between 5 - 10 days of experience is necessary. There is no requirement to be able to roll. The full day will take place on open water up to force 4 conditions.

**BC WWK Coach, Performance Coach & WWK Leader** – Between 10 – 15 days of white-water kayaking experience is necessary. There is no requirement to be able to roll. This takes place on white water that is grade 2/3.

**BC Canoe Courses: Open Water Coach, White Water Coach, Performance Coach & Canoe Leader** – Between 5 – 10 days of canoe experience. These will take place on open water up to force 4 conditions & / or white water that is grade 2/3. Minimum one day although two day options.

**BC Surf Kayak Coach, Performance & Surf Kayak Leader** - Between 2 - 8 days of experience is necessary. The full day will take place on surf up to 3 foot.

**BC Advanced WWK Coach & Adv WWK Leader** - Regular experience on rivers. The day will take place on grade 3 & 4 water. The ability to roll a kayak would be useful!

**BC Advanced Sea Kayak Coach & Adv Sea Kayak Leader** - Regular experience on the sea. The days will take place in winds up to force 5 and or tidal waters. The ability to roll would be useful but not essential.

**BC Advanced Canoe Courses: Open Water Coach, White Water Coach & Advanced Canoe Leader** – Regular canoeing experience in open water & / or white water. These will take place on open water up to force 5 conditions & / or white water that is grade 3(4). Minimum one day although two day options.

Dates for the specific courses can be found on our website. We will select people for each course depending on their experience and then email them to ask if they are available to attend.

Whilst the training is free and all equipment supplied, **you have to cover the costs of your food and any accommodation as well as any travel costs to get here**.

The majority of the courses are based at Glenmore Lodge, however the Sea course will be based away and you will be required to find your own way to the locations and any overnight accommodation.

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| **Name** |  |
| **Email** |  |
| **Telephone** |  |

Please enter the number of days of experience you have, the answer will determine your suitability for the client days. We will contact you by email closer to the course dates if you have been successful.

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| Flat Water Kayak |  | Flat Water Touring Kayak |  |
| Grade 2 WW Kayak |  | Force 0-2 Touring Kayak |  |
| Grade 3 WW Kayak |  | Force 3 Touring Kayak |  |
| Grade 4+ WW Kayak |  | Force 4 Touring Kayak |  |

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| Flat Moving Water Canoe |  | Flat Water Canoe up to Force 2 |  |
| Grade 2 Canoe |  | Open Water Canoe - Force 3 |  |
| Grade 3 Canoe |  | Open Water Canoe - Force 4 |  |
| Grade 4+ Canoe |  | Open Water Canoe - Force 5 |  |

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| --- | --- |
| Sea Kayak Force 3 |  |
| Sea Kayak Force 4 |  |
| Sea Kayak Force 5+ |  |

**Please return the form by email to** **mockstudent@glenmorelodge.org.uk**

**If returning by post please send to Kirsty Murfitt, Glenmore Lodge, Glenmore, Aviemore, PH22 1QZ**

**“*sport****scotland is the controller of the personal data provided by you on this form.*

*Please note that your/your child’s personal data will be processed by sportscotland in order for us to perform the services for you which are outlined in this contract. Please go to* [*https://sportscotland.org.uk/privacy/*](https://sportscotland.org.uk/privacy/) *for more information about the management of your/your child’s personal data.”*